

Martha Cravens, Ph.D.
PO Box 371164
Montara CA 94037

Private Practice:

350 Second Street, Suite 1
Los Altos, CA 94022

650-504-6781 cell
866-819-6048 fax

cravens@marthacravens.com
www.marthacravens.com

Areas of Specialty

- Parenting Strong-willed Teens
- Adolescent/Teen Issues
- Substance Abuse
- Family Therapy
- Individual Therapy
- Anger Management

Education

Ph.D. in Clinical Psychology

Institute of Transpersonal Psychology, Palo Alto, California

June 2006 – December 2008

Master of Arts in Psychology

Institute of Transpersonal Psychology, Palo Alto, California

September 2003-June 2006

Bachelor of Arts with High Honors in English Literature

Stanford University, Stanford, California

September 1976-June 1980

Experience**Licensed Clinical Psychologist in Private Practice***January 2011 - Present***PSY 24041**

350 Second Street, Suite 1

Los Altos, California

*June 2006 – Present***CHAC Program Director**

Mountain View, California

*January 2009 - Present***Workshop Presenter**

Give numerous workshops as desired by the community. Topics include: The Teen Brain, How to Connect with your Teen, Acting with Integrity, Active Listening.

Workshops have been given to Partners for the Next Generation, E3 Philanthropy Group, Mayor's Youth Conference

CHAC Director of Parent Education Program

July 2010 – Present

- Expanded the Parent Project Program to include additional classes: Positive Discipline classes for parents whose teens/children were no longer at risk. These classes teach how to parents once parents get their power back.
- Continue to co-facilitate CHAC Parenting Teens class (Parent Project) and Positive Discipline classes, reaching approximately 100 parents annually.
- Provide intern teaching and consultation support for interns regarding parenting.
- Provide workshops to local entities and businesses on parenting topics.

CHAC Parent Project Program Director

March 2009-July 2010

- Created program to provide education and support to parents of out-of-control teens. Using an empirically-validated curriculum, established regular classes and co-facilitated classes.
- Added additional therapy services as needed: individual, couples, and family therapy to support parents with their teens.

CHAC Assistant Director, New Outlooks Program

September 2008 – June 2010

- Lead weekly substance abuse prevention counseling groups of teenagers on probation, also provided additional individual and family therapy.
- Provided training for interns co-leading group, individual, and family therapy.
- Oversaw paperwork responsibilities and MediCal billing procedures for self and assigned interns.

CHAC Substance Abuse Counselor

November

2007-Present

- Lead weekly substance abuse prevention counseling groups of teenagers aged 14-19, also provided additional individual and family therapy.
- Installed the ASIST software at CHAC for the DADS CDOI pilot program. *June 2008*
- Attended multiple DADS trainings (05/05/08, 05/15/08, 05/16/08, 07/24/08).
- Learned intake procedure and will continue to maintain paperwork as is legally required and appropriate.

CHAC PhD Intern Counselor

- Created and facilitated CHAC's Parenting Teens ongoing class series.
- Provide therapeutic intervention services to children, adolescents, and adults using individual, family, and group treatment
- Counseled middle school students in local schools

Ravenswood School District, East Palo Alto

September 2005 – June 2006

School Counselor

- Provide therapeutic intervention services to children and adolescents using individual, family, and group treatment

Cabrillo Unified School District, Half Moon Bay

Teacher's Assistant

September 2004-June 2005

- Assist in class of Second Language Learners
Cunha Middle School
 - Assist in Writer's Workshop course (2nd and 3rd graders)
Farallone View Elementary School
-

Memberships

- American Psychological Association
- NAADAC, the Association for Addiction Professionals
- Association of Transpersonal Psychology
- California Psychology Association

Published Works

Cravens, Martha (2009). How psychotherapists use metaphor to describe their role. Dissertation Abstracts International: Section B: The Sciences and Engineering. 2009, pp. 1337.